



Framingham ★ Hudson ★ Marlborough

# MetroWest Moves



## MEETING MINUTES

Under the provisions of G.L. c. 30A, MetroWest Moves conducted a Meeting on  
Friday, February 15, 2013

10:00 a.m. – 12:00 p.m.

Framingham Town Hall  
2<sup>nd</sup> Floor Conference Room  
150 Concord Street  
Framingham, MA 01702

### I. Call to Order

- a. **Meeting convened:** February 15<sup>th</sup>, 2013 at 10:10am.
- b. **Members present:** Sam Wong, Ethan Mascoop, Bob Landry
- c. **Others in attendance:** Tammy Calise, Amanda Ryder, Amanda Loomis, Jim White (Natick Board of Health), Jamie Terry (Northborough Board of Health), Paul Piniski (Southborough Board of Health), Cheryl Sbarra (MA Association of Health Boards), Mark Oram (Ashland Board of Health)

### II. Administrative 10:00 – 10:30 am

- Approval of meeting minutes: The voting members approved meeting minutes from 12/19/12, 1/25/13 and 1/31/13
- Community awareness – updates:
  - DPH will allow posting state official's name and link to their website on the MetroWest Moves website as Community Partners
  - Get Fit Fitness in Framingham is interested in how they can educate clients about healthy restaurants/healthy eating. MetroWest Moves to create an educational brochure/handout
- Memo to DPH highlighting FTE and contribution of Steering Committee was submitted 2/14/13
- Frequency of workgroup meetings: The group decided to continue meeting every other week as opposed to moving to monthly meetings
- New Steering Committee members: Priscilla Ryder (Marlborough), Tim Cummings (Marlborough), Jennifer Burke (Hudson) and Jeremy Marsette (Framingham) officially accepted invitation to become members
- Upcoming meetings:
  - Next meeting will focus on restaurant initiative (specifically Brazilian restaurant strategy). Invitees to include: Framingham Brazilian group, Downtown Renaissance (Holli Andrews), Framingham State (Janet Swartz), DPH (Susan Svencer)
  - Following meeting will focus on worksite wellness strategy.

### III. Work Plan Focus – Tobacco Control 10:30 – 12:00 pm

- Communities present include: Hudson, Framingham, Marlborough, Natick, Northborough, Southborough and Ashland. Wayland, Bedford and Medway have confirmed they are still interested. Need to determine if Concord, Hopkinton and Sudbury are still interested.
- Should the group move forward, they must select one community to be the fiscal host. Framingham is no longer able to do this but Natick will look into it. If Natick is unable to do it, Hudson can. All communities would need to sign an inter-municipal agreement with Natick. The MA Association of Health Boards can assist with legal structure/language for this document or we could use the examples from MetroWest Moves or Worcester Regional Collaborative.
- Regulations for the group to consider (include both pricing and/or density strategies):
  - Age restriction on nicotine delivery products
  - Ban tobacco sales in pharmacies
  - Pricing regulation on single cigars (anything under \$2.50 would have to be sold in a four pack)
  - Ban smoking on town owned land with buildings (Northborough is moving forward with this)
  - Cap the number of smoking permits in a municipality (density)
  - Increasing smoking permit fee
  - Increase tolling period
  - Increasing minimum age to purchase
    1. Ashland will likely pass this regulation but feels it would be strengthened if the other communities considered it as well.
    2. Group to further discuss minimum age (19 or 21)
    3. However there is no scientific to support increasing minimum age to purchase as an effective strategy. DPH is not pushing this strategy as it may be a distraction from other science-based strategies, there is concern over confusion by compliance checks conducted by FDA (what age and where) and if a minimum age regulation is in place there needs to be an effective monitoring/compliance checks to make sure it is being enforced
- The group discussed applying to the MetroWest Health Foundation for a grant. It was determined the group would apply for a 3-year grant to build off of the information obtained from each community about existing



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tobacco regulations/compliance checks. The group will propose to develop an inter-municipal agreement, provide services/education, and select strategies (supported by CDC Community Guide) to pursue.

- Applications are due by the end of March but the group may be able to submit an application after this date
- Each community will get signed letter of support (LOS) for grant application (signed by both BOH and town manager/mayor). **Due 3/29/13**

1. MetroWest Moves/Building a Healthy Northborough coordinators will draft LOS template to share with communities

- Sustainability: the group discussed using revenue from increased permit fees to sustain the effort by creating a revolving fund.
- The tobacco group will meet again April 5<sup>th</sup> from 10:30am-12:00pm
- **Next Meeting Date/Time:** March 1<sup>st</sup> 10am-12pm at MetroWest Health Foundation

#### IV. Adjourn

The meeting adjourned on February 15<sup>th</sup> at 12:03pm