

MEETING MINUTES

Under the provisions of G.L. c. 30A, MetroWest Moves conducted a Meeting on
Thursday, January 31, 2013

10:00 a.m. – 12:00 p.m.

MetroWest Health Foundation
161 Worcester Rd.
Framingham, MA 01701

I. Call to Order

- a. **Meeting convened:** January 31st, 2013 at 3:14 pm.
- b. **Members present:** Sam Wong, Ethan Mascoop
- c. **Others in attendance:** Tammy Calise, Amanda Ryder, Amanda Loomis, Priscilla Ryder (via phone)

II. 2013 Workplan

- Complete Streets Strategy:
 - Workshop put on my MAPC/Bay State Roads (request facilitator from Chicago- not Maine)
 - Anticipate 25 attendees
 - Bob & Priscilla already attended a workshop, but not others in Marlborough
 - Priscilla will try to reserve a room in Marlborough, otherwise workshop will be held in Hudson
 - Need to put together a list of invitees (majority from Hudson and Marlborough since most from Framingham have already participated)
 - Dates: 5/8, 5/9, evening times
 - 5/3- morning time
 - Would we want to share our checklist at the complete streets training to introduce it to key stakeholders present?
 - Site plan/subdivision regulations milestone: need buy-in from planning boards for this milestone. We have reached out to planning boards for participation on Steering Committee
 - Consensus that complete streets strategy is okay for submission to DPH
- Worksite Wellness/Healthy Vending Strategy:
 - Review by group and consensus that worksite wellness/healthy vending strategy is okay for submission to DPH
- Healthy Dining Strategy

- The group will continue to work with Brazilian restaurants to get them on board and will need to re-visit requirements for these restaurants
- Consensus that healthy dining strategy is okay for submission to DPH

III. Communications

- The group discussed how to promote state officials as partners without lobbying.
- One idea is to link to state officials websites via the MetroWest Moves website. We will check with DPH about this.

IV. Administrative

- Review of Upcoming Meeting Presentations:
 - 2/15: Vincent Messina, Txt2tour
 - 2/15: Jen Maseda, United Way- Born Learning Trail
 - 2/15: Malca, walking trails/clubs
 - Upcoming meeting: Berkshire Natural Vending
- Review of potential funding opportunities
 - RWJF Healthy Eating Research: Building Evidence to Prevent Childhood Obesity
 - CDC: Monitoring cause-specific school absenteeism for estimating community wide influenza transmission
- **Next Meeting Date/Time:** Friday February 15th, 2013 from 1pm-3pm at the MetroWest Health Foundation—Framingham.

V. Adjourn

The meeting adjourned on January 31st, 2013 at 4:24pm