



Framingham * Hudson * Marlborough

MetroWest Moves 

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FOR IMMEDIATE RELEASE

Forest Avenue Elementary School Celebrated Massachusetts Walk and Bike to School Day on May 7th, 2014

Hudson, MA (May 7, 2014) – Forest Avenue Elementary School in Hudson joined schools from across the Commonwealth to celebrate Massachusetts Walk and Bike to School Day on Wednesday, May 7, 2014.

Along with parents and teachers, 149 students from Forest Avenue Elementary walked and biked to school Wednesday between 8:00-8:30am from the John Robinson Street area. Other special activities associated with the walk included distributing pencils and bike tags along with a raffle for water bottles.

Walk and Bike to School Day events raise awareness of the need to create safer routes for walking and bicycling and emphasize the importance of issues such as increasing physical activity among children, pedestrian safety, traffic congestion, and concern for the environment. The events build connections between families, schools, and the broader community.

The Massachusetts Department of Public Health's Mass in Motion program and the Massachusetts Department of Transportation's Safe Routes to School program support events like Walk and Bike to School Day in their ongoing effort to create safer streets, promote physical activity, and build sustainable environments throughout Massachusetts. MetroWest Moves is a tri-community Mass in Motion initiative to facilitate opportunities for people who live, work, and play in Framingham, Hudson, and Marlborough to engage in healthy eating and active, smoke-free living. Increasing walking and biking to school is a goal of MetroWest Moves and therefore fully supports Forest Avenue Elementary School and other MetroWest schools which participated in Walk and Bike to School Day.